





1. Resolving Conflict

Philippians 4 v 2-3

² I implore Euodia and I implore Syntyche to be of the same mind in the Lord.

³And I urge you also, true companion, *help these women* who laboured with me in the gospel, with Clement also, and the rest of my fellow workers, whose names *are* in the Book of Life.











Philippians 4 v 2-3

- He calls it out openly
- 'The same mind in Christ' (Phil 2:5-8)
- Wider responsibility to 'help these women'









2. The Mind of Christ

Philippians 2 v 5-8

- In your relationships with one another, have the same mindset as Christ Jesus:
- Who, being in very nature^[a] God, did not consider equality with God something to be used to his own advantage;
 - ⁷ rather, he made himself nothing by taking the very nature^[b] of a servant, being made in human likeness.
 - ⁸ And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross!











2. Rejoice in the Lord

Philippians 4 v 4-5

'Rejoice in the Lord always. Again I will say, rejoice!

Let your gentleness be known to all men. The Lord is at hand.'











Philippians 4 v 4-5

Rejoice: 'something to celebrate; or a reason to be joyful'











Philippians 4 v 4-5

Rejoice in the Lord (and not in the state of their present circumstances):

I'm going to keep repeating it until you get it!











Philippians 4 v 4-5

to re-examine the foundation of your joy'











Philippians 3 v 7-9

⁷ But whatever gain I had, I counted as loss for the sake of Christ. ⁸ Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ









3. Prayer activates God's Peace

Philippians 4 v 6-7

⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.











Philippians 4 v 6-7

Anxiety: 'a feeling of unease caused by worry or a concern'.

WORRY

CONCERN

ANXIETY





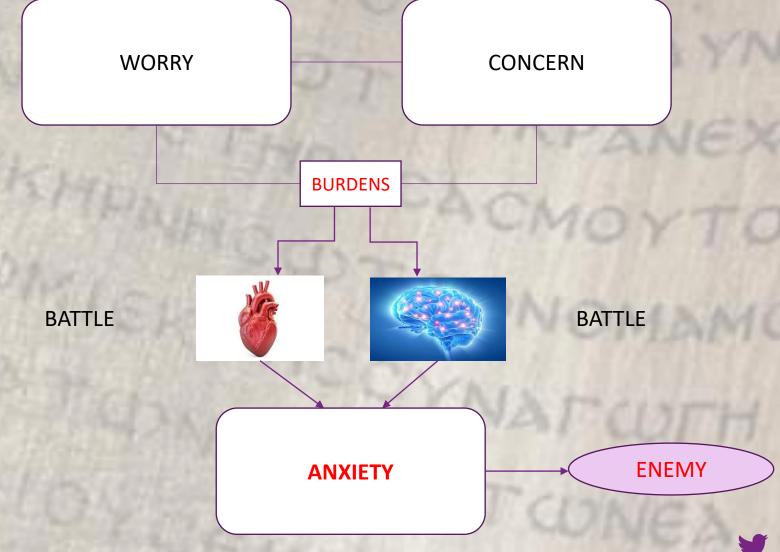




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3. Prayer activates God's Peace

















Philippians 4 v 6-7

NO! 'The way to combat the feelings of anxiety is through Prayer, Supplications & Thanksgiving'.

PRAYER

SUPPLICATIONS / PETITIONS

THANKSGIVING



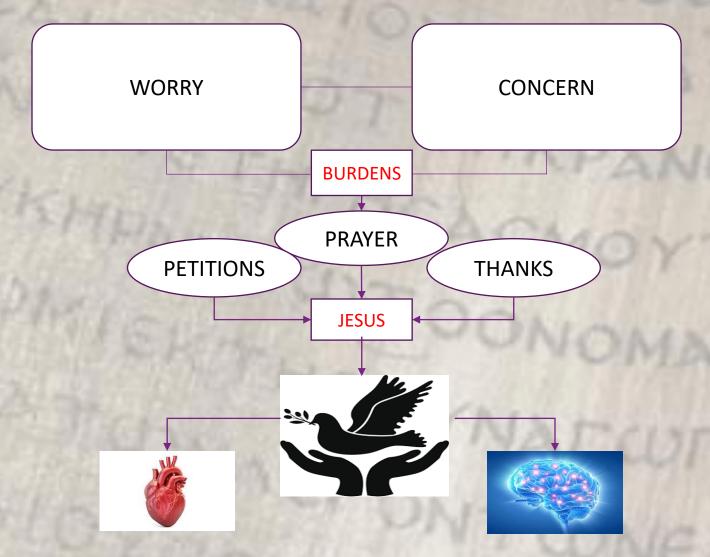






3. Prayer activates God's Peace















'A gift that we receive from God through faith in Christ Jesus'

 Romans 5:1 – 'Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ.'

'We have access to the type of peace that Jesus had with Father'

John 14:27 – 'Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.'











The peace of God goes far beyond our own human capacity to try and think our way out of a crisis











4. Food for thought

Philippians 4 v 8-9

⁸ Finally, brethren, whatever things are *true*, whatever things *are noble*, whatever things *are just*, whatever things *are pure*, whatever things *are lovely*, whatever things *are of good report*, if *there is* any *virtue* and if *there is* anything *praiseworthy*—meditate on these things.

⁹ The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.







4. Final Food for thought

